Section 1: FWP (FWP)

Filed Pursuant to Rule 433
Registration No. 333-220106

Issuer Free Writing Prospectus dated May 18, 2020 relating to
Preliminary Prospectus Supplement dated May 18, 2020 to
Prospectus dated August 22, 2017

Unum Group

Final Term Sheet Relating to
$500,000,000 Aggregate Principal Amount of
4.500% Senior Notes due 2025

This term sheet relates to the senior notes referenced above (the "notes") and should be read together with the preliminary prospectus supplement dated May 18, 2020 and the prospectus dated August 22, 2017 (including the documents incorporated by reference therein) relating to the notes offering before making a decision in connection with an investment in the notes. Terms used but not defined herein have the meanings ascribed to them in the preliminary prospectus supplement.

Issuer:	Unum Group (the "Issuer")
Expected Issue Ratings:*	Baa3 (negative) (Moody's) / BBB (stable) (S&P) / BBB- (negative) (Fitch)
Title of Notes:	4.500% Senior Notes due 2025
Aggregate Principal Amount Offered:	$500,000,000 aggregate principal amount of notes
Denominations:	$2,000 and integral multiples of $1,000 in excess thereof
Public Offering Price:	99.472% of principal amount
Underwriting Discount:	0.650% of principal amount
Proceeds, before Expenses:	98.822% of principal amount; $494,110,000
Stated Maturity Date:	March 15, 2025
Interest Payment Dates:	March 15 and September 15, beginning September 15, 2020 (short first coupon)
Record Dates:	March 1 and September 1
Coupon:	4.500%
Redemption Provision:	Make Whole Call at any time prior to February 15, 2025, in whole or in part, at a discount rate of Treasury plus 50 basis points. Par Call at any time on or after February 15, 2025, in whole or in part, at 100% of the principal amount of the notes being redeemed plus accrued and unpaid interest to but excluding the date of redemption.
Benchmark Treasury:	0.375% due April 30, 2025
Benchmark Treasury Price and Yield:	100-00; 0.375%

Spread over Benchmark Treasury:	+425 basis points
Yield to Maturity:	4.625%
Day Count Convention:	30/360
Legal Format:	SEC Registered
CUSIP Number:	91529Y AQ9
ISIN:	US91529YAQ98
Trade Date:	May 18, 2020
Settlement Date:	T+3; May 21, 2020
Listing:	None
Joint Book-Running Managers:	Citigroup Global Markets Inc. Deutsche Bank Securities Inc. HSBC Securities (USA) Inc. U.S. Bancorp Investments, Inc. Wells Fargo Securities, LLC
Co-Managers:	BofA Securities, Inc. Goldman Sachs & Co. LLC J.P. Morgan Securities LLC SunTrust Robinson Humphrey, Inc. BNY Mellon Capital Markets, LLC Fifth Third Securities, Inc. Regions Securities LLC

* A security rating is not a recommendation to buy, sell or hold securities and may be subject to revision or withdrawal at any time by the assigning rating organization. Each rating should be evaluated independently of any other rating.

The Issuer has filed a registration statement (including a prospectus and related prospectus supplement) with the U.S. Securities and Exchange Commission for the offering to which this communication relates. Before you invest, you should read the prospectus in that registration statement, the related prospectus supplement and other documents the Issuer has filed with the SEC for more complete information about the Issuer and this offering. You may obtain these documents for free by visiting EDGAR on the SEC Web site at www.sec.gov. Alternatively, the Issuer, any underwriter or any dealer participating in this offering will arrange to send you the prospectus and the prospectus supplement for this offering if you request them by contacting Citigroup Global Markets Inc. toll free at 1-800-831-9146, Deutsche Bank Securities Inc. toll free at 1-800-503-4611, HSBC Securities (USA) Inc. toll-free at 1-866-811-8049, U.S. Bancorp Investments, Inc. toll free at 1-877-558-2607 or Wells Fargo Securities, LLC, toll free at 1-800-645-3751.

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